



**'ĀINA In Schools:** A farm-to-school program dedicated to connecting children to their land, waters and food in order to grow a healthier future for Hawai'i.

### We are working to achieve three main goals:

- Addressing childhood health issues like obesity/overweight by fostering healthy eating habits
- Encouraging environmental stewardship by connecting children to the land & water that sustains them
- Creating an institutional market for Hawaii's farmers and their produce



**'ĀINA In Schools is working with 10 elementary schools on O'ahu:** Ahuimanu, 'Aikahi, Ala Wai, Ke Kula O Kamakau, Mākaha, Sunset Beach, Wai'alaie, Waialua, Waikiki and Wheeler Elementary Schools.

### Six Integrated Program Components Incorporate Hawai'i State Academic Standards:

- **Nutrition Education** in the classroom teaches students to make healthy choices that will last a lifetime
- **Garden-based Learning** reconnects students to the natural world by experiencing the joys of growing food
- **Agricultural Literacy** introduces students to where their food comes from and who grows their food
- **Healthy Food on Campus** puts 'AINA lessons into practice and provides a market for Hawaii's farmers
- **Waste Reduction & Management** reduces, reuses and recycles waste in gardens, cafeterias, and classrooms
- **Family & Community Outreach** raises awareness to support 'AINA IS at school and at home

### Accomplishments so far:

- Brought together a broad-based group of stakeholders: educators, parents, farmers, chefs, environmentalists, legislators
- Developed standards-based garden and nutrition curricula incorporating Hawaii's local food and growing cycles
- Trained over 60 parent docents to deliver nutrition lessons
- Trained over 100 teachers through "School Garden Basics" workshops
- Held teachers' vermicomposting (worm composting) workshops at participating schools
- Organized and convened a group to form the Hawai'i Ag Alliance
- Working with 'AINA IS Implementation Teams at each school
- Supporting gardens at 10 schools
- Sponsoring field trips to local farms
- Bringing nutrition lessons into the cafeteria through healthy food displays and student fruit and vegetable advertisements
- Promoting a once-a-week salad bar featuring locally grown fruits & vegetables as part of the National School Lunch Program
- Supporting after-school garden clubs and student farmers markets at participating schools
- Consulting with schools to increase the amount of local produce served on campus
- Networking with leaders throughout the islands to advance the farm to school movement in Hawai'i

### Mahalo for Supporting Farm-to-School in Hawai'i!



'ĀINA in Schools is a program of the Kōkua Hawai'i Foundation  
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